

“Life and death  
are one thread,  
the same line  
viewed from  
different sides.”

—Lao Tzu



## PACIFIC CREST Hospice

To reach us with any questions or for a referral,  
please call us 24-hours a day, 7 days a week.

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2300 Alessandro Drive  
Suite 120

Ventura, CA 93001

Email: [info@pacificcrestcares.com](mailto:info@pacificcrestcares.com)  
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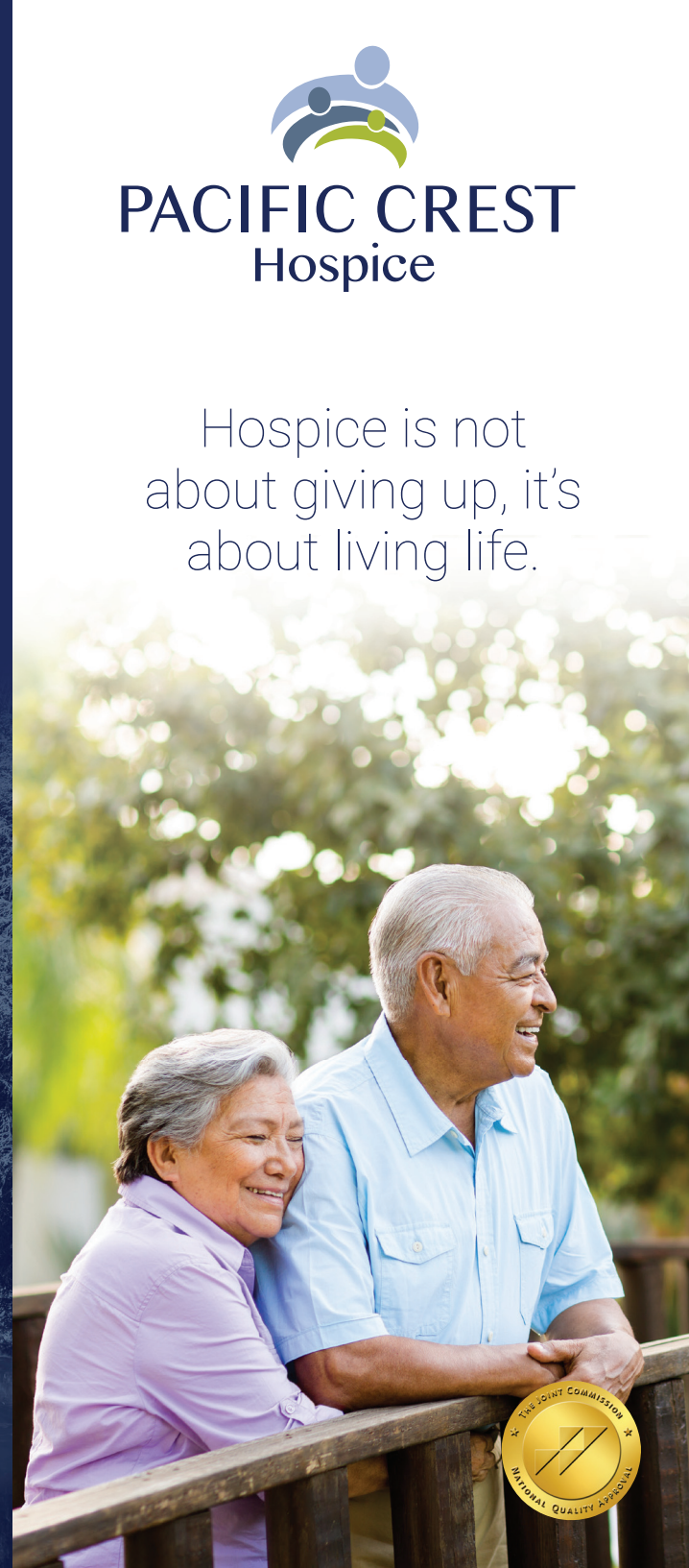


## PACIFIC CREST Hospice

Hospice is not  
about giving up, it's  
about living life.



Pacific Crest Hospice does not exclude, deny benefits to, or otherwise discriminate against any person on the grounds of race, color, religion, sex or national origin, or on the basis of disability or age in admission to, participation in, or receipt of hospice services and benefits offered by Pacific Crest Hospice or in the employment therein.





We help you focus on living in the moment

### MISSION STATEMENT

To serve patients and their families by providing compassionate care with heart and grace.

Hospice is not a place, but an approach to end of life care that provides comfort and a dignified end-of-life experience to patients and their families. Hospice is provided where a patient lives, whether that is a personal residence; a long term care facility; an assisted living facility or a hospital. Choosing hospice is a decision that comes from a place of strength, courage and acceptance. When a patient chooses to spend their remaining time surrounded by loved ones, pursuing palliative care and comfort, there is a sense of peace, joy, and purpose for the patient and their family.

Individuals eligible for services may experience one or more of the following:

- Frequent hospitalizations
- Progressive weight loss
- Recurrent infections
- Decreased ability to perform Activities of Daily Living (ADL's)
- Deteriorating mental abilities



We walk this journey beside you

When you or a loved one is diagnosed with a terminal illness, you enter a time in your life that is more challenging than any you have faced before. You find yourself dealing with strong emotions-hope and fear, doubt and faith. We understand. We are caring people with professional skills in pertinent disciplines.

Our staff are essential to Pacific Crest, providing clinical excellence to our patients and families. The Pacific Crest care team will consist of you, your family and close friends, your own physician and/or a hospice physician, hospice nurse and hospice aide/homemaker, social worker, spiritual and bereavement counselors, as well as hospice volunteers.

- We provide all medications, durable medical equipment and medical supplies related to the illness we are managing
- We are available 24 hours/7 days a week
- We will bill your insurance for the services we provide



You matter to the last moment of your life

### UNIQUE SERVICES:

Pacific Crest incorporates Holistic Modalities into a patient's care plan where deemed appropriate and acceptable. These modalities, in addition to traditional pain management tools, help create an atmosphere that is calm and peaceful for those patients who choose a palliative care approach. Check with our office to see which services are currently available.

- **Aromatherapy:** Help relieve pain, reduce fatigue and nausea, as well as promote deep relaxation
- **Guided Visualization:** Uses direct imagery to help lower blood pressure, reduce heart rate and decrease anxiety levels
- **Pet Therapy:** Helps ease stress-induced symptoms and enhance mood
- **Music Therapy:** Can positively alter mood and help relieve stress
- **Massage Therapy:** Promotes relaxation and to help ease tension
- **Reiki:** Energy promotes a feeling of deep relaxation, calmness, and pain relief